

**Myth: Accommodations give an unfair advantage.**

**FACT:**

- Fair is *not always equal*.
- Accommodations allow people with LDs to *work to their level of ability* and not disability.

**Myth: All LDs are outgrown by adulthood.**

**FACT:**

- LDs tend to be *noticed most often in school*, but can affect all areas of life.
- Often by adulthood, people have found ways to *use their strengths to compensate* for their LDs. Many adults seek work environments that are a good fit for their strengths.

In order to find good, effective strategies for success we need to understand how a person's learning profile interacts with their environment.

To see a full definition of LDs please visit the LDAO website at [www.LDAO.ca](http://www.LDAO.ca)

**For more information contact:**



**INTEGRA**

Member of the Association of Ontario Child & Youth Mental Health Centres

**Integra** is an accredited Children's Mental Health Centre specialized in treating the social/emotional needs of children and youth with learning disabilities (LDs).

[www.integra.on.ca](http://www.integra.on.ca) or call **416.486.8055**

**ldao**

Learning Disabilities Association of Ontario

**The Learning Disabilities Association of Ontario (LDAO)** is a charitable non-profit organization dedicated to improving the lives of children, youth and adults with learning disabilities.

[www.LDAO.ca](http://www.LDAO.ca) or call **416.929.4311**

*Learning disabilities are complicated. **Helping isn't.***

# Myths & FACTS

*about Learning Disabilities*

**Myth: People with LDs cannot learn.**

**FACT:**

- People with LDs *are smart and can learn*.
- LDs mean *learning in different ways*.

**Myth: People with LDs are just lazy.**

**FACT:**

- People with LDs *often have to work harder*, but the results may not reflect their efforts.
- Some people with LDs may become discouraged because *they have struggled so hard*, and they may appear unmotivated or lazy.



[www.integra.on.ca](http://www.integra.on.ca)

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